



5TH DUBLIN DRAGON BOAT REGATTA

SAT, 12TH & SUN, 13TH SEPTEMBER 2015

INFORMATION BULLETIN NO. 1

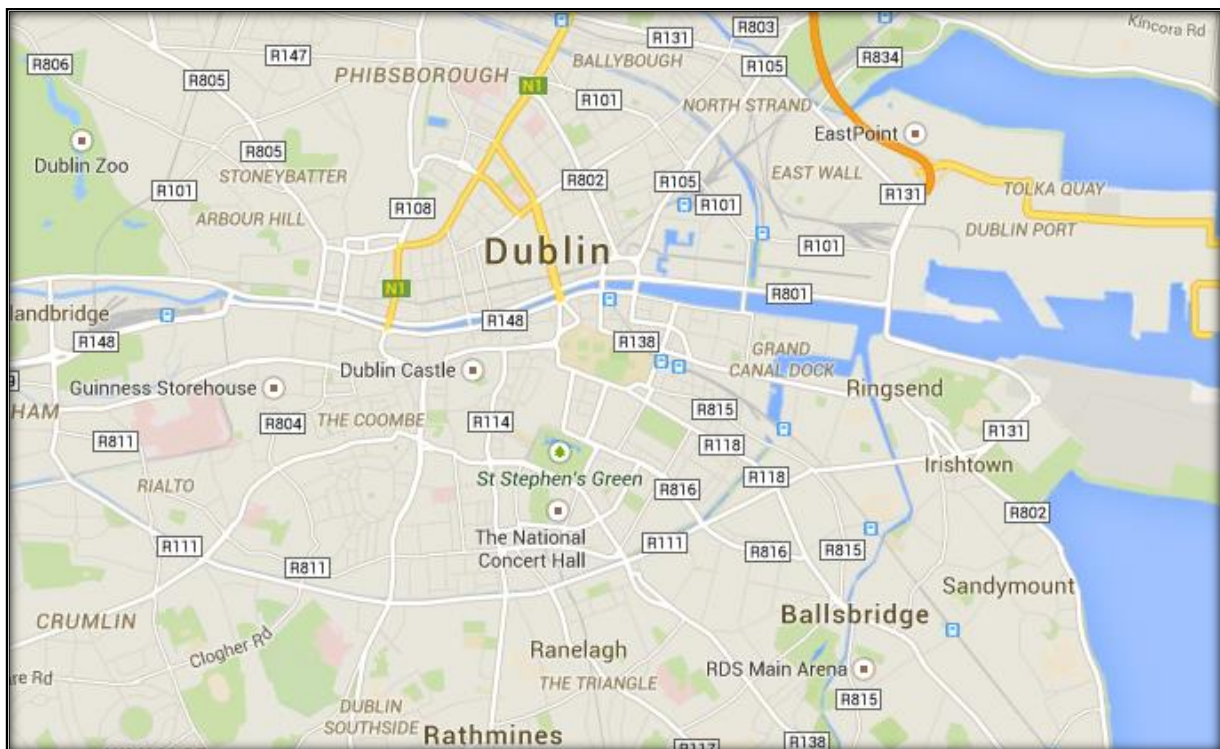
Dear Dragon Boat Friends,

Fáilte go hÉirinn or Welcome to Ireland!

The 5th Dublin Dragon Boat Regatta will take place on the weekend of Saturday, 12th and Sunday, 13th September 2015 at Grand Canal Dock, Ringsend, Dublin 4.

Location

Grand Canal Dock is located between the River Liffey and the Grand Canal in Dublin, Ireland's capital city. Only 30 minutes' drive from the airport this area has undergone significant redevelopment in recent years as part of the Dublin Docklands area redevelopment project. Teams will enjoy relaxing in Grand Canal Square in the heart of this new development with a good selection of pubs, cafes and restaurants giving the area a real cosmopolitan feel. Boat Marshalling will be located outside the Waterways Ireland Visitor's Centre just off the main dock.



Irish Dragon Boat Association Limited

Registered Office: The Rookery, Lisnavagh, Rathvilly, County Carlow, Ireland
Tel: +353 59 9161685 Mob: +353 85 7422902 Email: info@dragonboat.ie

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Reg. No. 540321 Chairman: Julie Doyle Treasurer: Tara Byrne Secretary: Dympna Watson



Regatta Course

The racing course is set within an enclosed dock area and measures just over 500m in length and circa 150m wide with a water depth of 4m – 5.5m. The water is non-tidal and does not have a flow. The start and finish will be marked on and off the water. All starts will be free standing starts.



Boat Loading Area



Race Course

Competition Format

Saturday, 12 th September 2015	200m Racing (International & Novice Crews)
Sunday, 13 th September 2015	400m Racing (International Crews)
	200m Racing (Novice Crews)

Competition Classes

International Open
Novice Open
Women's
Under 18s
Breast Cancer Survivors

To be considered for the Breast Cancer Survivor Competition at least 80% of the paddling crew e.g. 16 paddlers from a total of 20 paddlers must be breast cancer survivors.

Boats and Equipment

The Event Organisers will provide up to 4no. IDBF standard racing boats – BuK or Champion manufactured boats will be used.

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International competing crews are expected to bring their own paddles which must confirm to IDBF Paddle Specification 202a. The Event Organisers will provide a competition set of wooden Grey Owl paddles and plastic Ainsworth paddles should you not wish to bring paddles.

Rules of Racing

The racing will be conducted under the current IDBF Racing Rules and Regulations and any conditions which are contained in this Bulletin.

Personal Safety

All paddlers are expected to be able to swim 50m in light clothing unaided or as a minimum be water competent in cold water. All experienced International paddlers will not be required to wear a PFA; however the IDBA will have a sufficient supply of YAK Kallista and Nookie PFAs should they be required.

Crews compete entirely at their own risk and must be "Fit to Race" under the IDBF Competition Regulations.

Provisional Programme

Thurs, 10 th September 2015	Crews Arrive
Fri, 11 th September 2015	Crews Arrive Team Training
Sat, 12 th September 2015	Team Managers Meeting International Crews 200m Racing Novice Crews 200m Racing Prize Giving 200m Irish Shin Dig (Party), venue TBC
Sun, 13 th September 2015	Team Managers Meeting International Crews 400m Racing Novice Crews 200m Racing Prize Giving 200m & 400m
Mon, 14 th September 2015	Crews Depart

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Accommodation

Most of the accommodation is within walking distance to the race venue. It will be the responsibility of each crew to organise their own accommodation for the competition.

1. www.staydublin.com or www.dublincityapartments.ie

These are apartments which work out quite reasonably on price per head. They are near enough to the LUAS (Dublin tram system) which would drop you the other side of the River Liffey with a 5 - 10 minute walk to the Dock.

2. www.hosteldublin.com

Kinlay House, Barnacle House, Abigail's Hostel and Generator Hostel. They are near enough to the LUAS (Dublin tram system) which would drop you the other side of the River Liffey with a 5 - 10 minute walk to the Dock.

3. Grand Canal Hotel

Telephone: +353 1 646 1000
Website: www.grandcanalhotel.ie

4. The Maldron Hotel, Pearse Street

Telephone: +353 1 670 3666
Website: www.maldronhotelpearsestreet.com

5. The Maldron Hotel, Cardiff Lane

Telephone: +353 1 643 9500
Website: www.maldronhotelcardifflane.com

6. The Marker, Grand Canal Dock (5* Hotel)

Telephone: +353 1 687 5100
Website: www.themarkerhoteldublin.com

7. Jurys Inn Custom House, IFSC

Telephone: +353 1 854 1500
Website: www.jurysinn.com

8. D4 Hotels

Telephone: +353 1 437 3444
Website: www.d4hotels.ie

Transport

Transport to and from the airport is the responsibility of the team. All major hotels have free transfer buses to and from the airport, plus there is a local bus that runs from the airport to the city centre. A taxi will cost around €25 from the airport to the race venue.

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Transport to and from the race venue is also the responsibility of the team. Dublin has a good bus network and there is the Luas (tram system) that runs regularly. The majority of hotel accommodation however is in walking distance of the race course.

Food Package

There will be no food package offered. Grand Canal Quay / Square has a large selection of cafes, restaurants & supermarkets around the edge of the dock.

Fee Payment and Confirmed Entries

Your confirmed entries must be received by the Organising Committee by **Friday, 31st July 2015**. Entries will only be accepted on receipt of the entry form and full payment.

Payment Details

Account Name: Irish Dragon Boat Association Limited
Bank: Allied Irish Bank, 24, Bridge Street, Tullow, Co. Carlow, Ireland
IBAN: IE03 AIBK 9333 2511 2443 65
BIC: AIBKIE2D
Sort Code: 93-33-25
Account No.: 11244365

Irish Shin Dig (Party)

Plurabelle Paddlers (Ireland's first Breast Cancer Survivor Crew) will once again be organising the party for Saturday, 12th September 2015 near to the dock. Further details on the party will follow nearer the event.

Main Sponsor

We would like to thank Waterways Ireland, our Lead Sponsor for once again supporting this event.



Yours in sport

Julie Doyle

Julie Doyle – Chairman
Irish Dragon Boat Association Limited
www.dragonboat.ie

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