



Stichting ENC2010

Website www.enc2010.com

9th EDBF EUROPEAN NATIONS CHAMPIONSHIPS 2010

AMSTERDAM (The Netherlands)

13-14-15 August 2010

INFORMATION BULLETIN No. 3

Paddlers For Paddlers

The organizing committee of the 9th European Nations Championships 2010 welcomes you. In the 3rd bulletin you will find some new information and reminders.

We are expecting more than 1800 participants from 14 countries, which mean that this will, became the biggest European Nations Championships ever!

Those teams, which still didn't register, but want to participate, can still register until the 1st of July. They have to send the Named Entry Form together with the Crew Members List, plus the whole amount of the Administration Fee to the organizers and the Registration Fee to the EDBF. Crews submitting late entries cannot be guaranteed an entry if the race programme has been completed. The organization committee withholds the right to add an extra administration fee of 10% of the total administration fee. For withdraws after 15th of July 2010 there will be no refund of Administration Fee.

TEAM PROFILES:

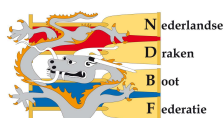
All participants will receive a program book with information about the race program, teams and all kinds of other information. Therefore we kindly ask all the crews to send us before 10th of July a team profile (text of maximum 300 words), and a picture of the team (please send it to info@enc2010.com).

REGATTA COURSE:

The regatta course, called "De Bosbaan" and her technical facilities is a FISA-approved regatta course. The number of lanes shall not exceed six, with a width of at least 13.5 meter per lane. The depth of the course is not according EDBF standards. The overall dept is a flat 2.5 meters. This was discussed and approved unanimously in the EDBF AGA and Council meeting of 2007. There will be photo finish equipment to 1/1000 second accuracy.

COMPETITION FORMAT:

The ENC will be conducted under the IDBF Competition Regulations and IDBF Rules of Racing by appointed IDBF International Race Officials and NDBF National Officials, under the direction of an EDBF-appointed Chief Official and with a jury nominated by the EDBF Executive Committee.





CLASSES AND DISTANCES:

Races will be held for the following Racing Classes:

| | |
|-----------------------------------|---|
| Premier: | Open/ Mixed/ Women over 200m, 500m and 2000m, 1 entry per Competition Class, per country. |
| Senior: | Open/ Mixed/ Women over 200m, 500m and 2000m, 1 entry per Competition Class, per country. |
| Junior A/B/C and under 23: | Open/ Mixed/ Women over 200m, 500m and 2000m, 1 entry per Competition Class, per country. |
| Grand Dragons: | Open/ Mixed/ Women over 200m, 500m and 2000m, 1 entry per Competition Class, per country. |

According to IDBF competition regulations and rules of racing (edition no. 5), part 1 competition regulations and amendments for EDBF competitions rule 1.4.1, six crews from at least three (3) EDBF national members must compete before a competition class (see Regulation 2.2. for definition) can be awarded EDBF European Championship status. Only one (1) crew per national team shall be allowed to compete in each competition class listed in the championship programme. (This may be increased to two (2) crews per Nation at the discretion of the Executive Committee).'

The organization committee of the ENC2010 withholds the right to withdrawal a competition class from the competition if the number of crews registered does not match the above mentioned numbers.

RULES OF PARTICIPATION

The race is officially for European countries that are members of the EDBF. For countries which do not have a dragon boat federation national teams are also welcome as soon as they have approval from the EDBF board. National teams from out of Europe or not approved by their dragon boat federation can only participate out of the competition at the ENC and if the number of entries makes it possible.

PERSONAL SAFETY

All crew members must be water-confident and ideally be able to swim at least 50 meters. It is the crew manager's responsibility to ensure that this requirement is complied with and to ensure that known weak swimmers wear personal flotation aids. Crews compete entirely at their own risk and must be 'Fit to Race', as defined in the EDBF Competition Regulations. During the races rescue boats will be on the water for your safety.

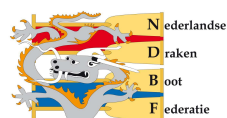
RACING NUMBERS

Each crew member has to wear race numbers during the races. See for more information **Annex nr 1**.

CREW LEADERS AND COMPETITORS DECLARATION

All competitors over 18 years have to fill up a declaration about physical fitness and financial responsibility (attached to this bulletin). The crew leaders have to make a copy for all crew members and have to sign one summary per crew about having read, understood and accepted the matter of the declaration. The crew leaders have to sign the crew leader's declaration, which includes, that all of the members know the matter of declaration, and have to sign it on behalf of the competitors under 18. Please transmit both declarations to the race secretary when arriving in Amsterdam.

Annex nr 2





MEDICAL DECLARATION

Competitors being under medical attendance (medication) have to fulfill the Medical Practitioner's and Competitor's declaration. The form you will find it attached. Submit the completed form to the race secretary when you arrive in Amsterdam and keep a copy for your records.

Annex nr 3

ANTI-DOPING DECLARATION

Accordingly to the IDBF Anti-Doping Policy and the WADA Regulations all competitors and officials have to sign personally the Competitors Anti-Doping Declaration, see attached. Please transmit this document to the race secretary when you arrive in Amsterdam. We ask the crew leaders to give a copy of this document each competitor for signing it separately.

Annex nr 4

BOATS AND EQUIPMENT

Up to 18 boats (BUK model 2009/2010) will be provided by the championships organizers. Competing crews are not allowed to bring their own boats. Crews are expected to bring their own paddles provided they conform to the IDBF Paddle Specification 202a.

ACCREDITATION CARD

For the safe and smooth control of the crews you will get an accreditation card, these are going to be controlled at the check points and in the boat marshal area. Accreditation cards can be picked up at the racing venue starting from Wednesday 11th of August for the check of age and gender. Cards will only be handed out by showing the passport of the competitor involved.

PROVISIONAL PROGRAMME

The outline programme for the Championships is as follows:

Monday 9th August until Wednesday 11th August

All day Crews arriving, practice sessions

Wednesday 11th August

18.00 - 22.00 EDBF Council meeting

Thursday 12th August

All day Crews arriving, practice sessions
11.00 - 16.00 EDBF Annual General Assembly meeting
16.00 – 18.00 Race official exams
19.00 – 21.00 Race officials meeting

Friday 13th August

10.00 - 12.00 Team captains meeting
13.30 - 14.30 Opening ceremony
15.30 - 18.00 2000 meter all classes

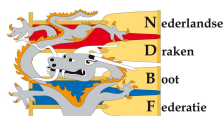
Saturday 14th August

9.00 – 18.00 200 meter all classes

Sunday 15th August

8.00 – 17.00 500 meter all classes
19.00 – 24.00 Paddlers for Paddlers party

* The above programme is provisional and subject to alteration and final confirmation by the EDBF.





TRAINING POSSIBILITIES

The organization committee has arranged a maximum of two hours training possibility per crew. From Monday at 9th of August till Tuesday 10th of August the training possibilities are very limited. Starting on Wednesday 11th the boats and the venue will be more easily available. Training will be possible at the following times:

Monday 9th August and Tuesday 10th August (LIMITED):

From 6.00 till 8.00
 From 12.00 till 15.00
 From 19.00 till 21.00

Wednesday 11th August and Thursday 12th August:

From 6.00 till 8.00
 From 11.00 till 16.00
 From 19.00 till 21.00

Together with the technical information bulletin all the teams will receive the training planning of which the teams can fill in their preferences for the time and date of the training sessions. We hope that you understand that we cannot guarantee all the teams that they will be awarded their first choice.

ACTIONS AND DEADLINES

| Action | Due date | Detail |
|--|------------------------------|---|
| Named entries and remaining fee balances | 1 st of July 2010 | Named Entry Form and Crew member list including photos The administration fee, EDBF registration fee and any remaining balances minus administrative fee deposit paid must be paid at this time. |

ADMINISTRATION FEE

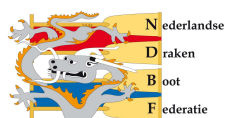
There is an Administration Fee which is Euro 50, - per person (EDBF Registration Fee of Euro 7.00 is to be paid directly to the EDBF) for everyone travelling with the team, including competitors, coaches, managers, supporters, congress delegates, and any others that may travel with the team. This Admin Fee will entitle everyone to receive an accreditation card.

The Administration Fee must be paid with named entries which are due on the deadline stated above. The Euro 50, - per person to be paid to:

Stichting ENC2010
ING, Netherlands
BIC-code (swift-code): INGBNL2A
IBAN: NL79INGB0004486885

The EDBF Registration Fee which is Euro 7, - per person has to be transferred directly to the EDBF account. The bank account details for the EDBF are:

European Dragonboat Federation
 ABN AMRO
 59.26.84.342
 IBAN: NL75ABNA0592684342
 BIC: ABNANL2A





ACCOMMODATION

There is a camping place in Amsterdam, which the organization committee is not facilitating, but teams are free to book at their own responsibility. Look for more information at www.campingamsterdamsebos.nl

The extended deadline of ho(s)tel reservation is expired. We still can arrange accommodation for new inquiries, but only on request basis. Please send new request to our travel agency EAE.

TRANSPORTATION

Transport packages can be booked through the booking agency EAE. But only for transportation from and to the official ENC2010 hotel.

PARKING

The organizing committee will take care of sufficient parking places for cars and busses on the racing location.

MEALS

We offer meals on the race location, like soup, fruits, bread, sweets etc. Close to the racing venue there are several restaurants for dining available.

PHOTO'S ID

All team members are required to send recent digital photographs-- for each of their competitors, coaches, managers, supporters and any others who may travel with the team -- to the organizer with their Named Entries, together with payment of all outstanding fees by 1th of July 2010. The name of the person and crew must be clearly indicated with the photograph, as also mentioned in the Named Entry Form and Crew Members List.

PADDLERS FOR PADDLERS PARTY

The celebration party will be held on Sunday evening at the racing venue. The party will include a nice meal, good (live) music and cash bar for inexpensive drinks. You can find more information on the website www.enc2010.com. Tickets can be purchased at the hospitality desk at the racing venue.

OPTIONAL EXCURSION

With Dragon Events, you can paddle the canals of Amsterdam on the Dragon boat Canal Cruise. In a dragon boat, you are taken along beautiful imposing canal-side houses with clock, spout and neck gables, the Zevenbogenbruggracht, the Magere Bridge over the Amstel, the VOC-ship, the docks and the Red Light District.

An unforgettable dragon boat cruise.....!

Cruise information:

Guide service: Commentary is available in English.

Departure: The Amsterdam Dragon boat Canal Cruise departs from the floating restaurant Sea Palace south / west side of the Central Station

Departure groups: Groups from minimum 8 persons (small dragon boat) and maximum 18 persons (the organization provides the helm).

Departure times: Tuesday August 10th,

Wednesday August 11th

Thursday August 12th

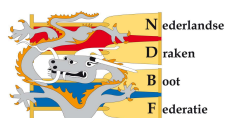
Daily departures at. 09.00 / 11.00 / 13.00 / 15.00 / 17.00 / 19.00 hours.

Duration: 1, 5 hours

Tickets and prices: Euro 5, - per person

Ticket sales info@dragonevents.nl

Reservations: necessary for 8 persons or more at info@dragonevents.nl or 0031(0)620423529





CONTACT

General information:

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Phone: 0031-634 89 4411

Postal address:

Stichting ENC 2010

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1185 CC AMSTELVEEN

E-mail: info@enc2010.com

The Netherlands

Fax: 0031-20 24 00 115

Question about payments:

Frans Bijl

E-mail: treasurer@enc2010.com

Accommodation:

EAE Travel Group

www.enc2010.com

or

Petra Boogerd

E-mail: p.boogerd@ballast-nedam.nl

Hospitality and accreditation:

E-mail: info@enc2010.com

Excursion:

E-mail: info@dragonevents.nl

